



Girls Inc. of Jacksonville

2019-2020 Elementary School After-School Programming



Girls Inc. inspires all girls to be strong, smart and bold through life-changing programs and experiences that help girls navigate gender, economic and social barriers. Throughout the school year, girls participate in our researched-based programming focused on our core values of Strong, Smart, & Bold. Girls also receive structured programming to increase reading literacy and daily homework assistance.

2019 - 2020 Program Cycles

The Girls Inc. Experience:

Cycle One | Aug. 12th - Oct. 14th

Cycle Two | Oct. 15th - Dec. 19th

Cycle Three | Jan. 7th - Mar. 24th

STRONG: Supports the whole health of all girls building the foundation for enjoying a healthy lifestyle through physical fitness, nutrition, and health education.

SMART: Empowers all girls to succeed both academically and personally to pursue their goals through reading, economic, & media literacy and academic enrichment through STEM exploration.

BOLD: Strengthens all girls through learned skills and strategies to lead safer lives in their homes, relationships, community and online. Builds unique the leadership skills of girls and creates lasting social change through community action projects.

School Year Program Hours

Monday—Friday

2:45	3:15	Snack
3:15	4:15	Programming
4:15	4:45	Homework
5:00	5:30	Dinner
5:30	6:00	Dismissal / Homework

Weekly Schedule

K & 1st Grade

Mon	Tues	Wed	Thurs	Fri
Guided Reading	Guided Reading	Read Aloud	Readers Theater	Words Their Way
Sight Word Games	Buddy Reading	Choice Planning	Girls Inc. Program	Site Words
Math	Handwriting	Reflection	Homework	Choice Friday
Girls Inc. Program	Girls Inc. Program	Homework	Bathroom	SEL
Homework	Homework	Bathroom	Dinner	Bathroom
Bathroom	Bathroom	Dinner	Dismissal	Dinner
Dinner	Dinner	Dismissal		Dismissal
Dismissal	Dismissal			

2nd - 5th Grade

Mon	Tues	Wed	Thurs	Fri
Guided Reading	Guided Reading	Read Aloud	Readers Theater	Words Their Way
Sight Word Games	Independent Reading	Choice Planning	Girls Inc. Program	Site Words
Math	Writing Prompt	Reflection	Homework	Choice Friday
Girls Inc. Program	Girls Inc. Program	Homework	Bathroom	SEL
Homework	Girls Inc. Program	Bathroom	Dinner	Bathroom
Bathroom	Homework	Dinner	Dismissal	Dinner
Dinner	Bathroom	Dismissal		Dismissal
Dismissal	Dinner			
	Dismissal			

Early Release Wednesdays: 12:45—2:45

Community Partners:

Library Robotics, WBG, Art Center, Florida Ballet, etc.

Elementary School Site Managers

Yolana Young | (904) 239-0265
Biscayne Elementary

Courtney White | (904) 755-2949
Fort Caroline Elementary

Michelle Mitchell | (904) 229-6971
Parkwood Heights Elementary

Tamara McKenzie | (904) 451-3821
Spring Park Elementary



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Girls Inc. After-School Programming Explanation

Guided Reading Centers—A facilitator will first go over the “should know” vocabulary and then the students will read the assigned books themselves. The students will then rotate through the remaining two 15 minute centers.

Girls Inc. Curriculum—Students engage in two 45 minute lessons on Monday and Tuesday of each week. Girls Inc. Curriculums cycles through the three main categories of **STRONG, SMART and BOLD**.

First Quarter- Kids Voting USA

Second Quarter- Media- (Mondays)-Common Sense Media (Social Media), (Tuesdays)-Admongo (Main Stream Media, Ads, Marketing etc.)

Third Quarter-Counting Money and Personal Financial Literacy

Fourth Quarter- Budgeting/ Do you have enough money, Life skills pertaining to money.

Read Aloud / Novel Studies— Read Aloud is a highly-effective teaching strategy for both fluency and comprehension paired with vocabulary exercises and extension activities. Novel Studies for 4th-5th Grade is a rotation of chapter books geared towards more “Eyes on the page”, fluency, vocabulary and social emotional skills. Each book is based on a theme to help develop a social emotional skill. Themes include: Self Esteem, Resiliency, Leadership, Respect and Empathy

Girls Inc. Curriculum Culmination Work—K and 1st will be working in small groups to create a relating to lessons they have learned from the Girls Inc. curriculum of that quarter. 2nd-5th are working independently to create a presentation that will represent the knowledge/ skills gained from the Girls Inc. Curriculum. **All students will present the last Thursday of each quarter.**

Readers Theater—Develops fluency through repeated exposure to text, increase comprehension, integrate reading, writing, speaking, listening in an authentic context, engage students, increase reading motivation.

Words Their Way—Word Study in Action Developmental Model aligns students’ spelling development into reading, writing, and spelling, and has identified common characteristics of readers, writers, and spellers.

Choice Planning and Reflection— Staff provides the guidance to student’s in making authentic choices on what activities they will engage in on Fridays. Staff will guide students in writing out a lesson and planning for; structure, supplies, space, purpose and outcomes.

Overcoming Obstacles Curriculum (SEL) - K-2nd and 3rd-5th - Lessons are ordered in terms of curriculum level, providing a solid base of life skills development that will help young people achieve social, emotional, and academic success during their early years. All levels of the curricula include standards based lesson plans with objectives, time estimates, activity sheets, and educator resources. Assessment questions and extension activities conclude each lesson.

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