

**STRONG
SMART
BOLD**

Girls Inc. of Jacksonville

Stairway to Success

High School Program

For girls in grades 9th through 12th

**girls
inc.**
of Jacksonville

Girls Inc. inspires all girls to be strong, smart and bold through life-changing programs and experiences that help girls navigate gender, economic and social barriers. Throughout the school year, girls participate in our researched-based programing focused on our core values of Strong, Smart, & Bold.

Program Cycles

The Girls Inc. Experience

STRONG: Supports the whole health of all girls building the foundation for enjoying a healthy lifestyle through physical fitness, nutrition, and health education.

SMART: Empowers all girls to succeed both academically and personally to pursue their goals through reading, economic, & media literacy and academic enrichment through STEM exploration.

BOLD: Strengthens all girls through learned skills and strategies to lead safer lives in their homes, relationships, community and online. Builds unique the leadership skills of girls and creates lasting social change through community action projects.

Program Overview

All Girls Inc. programs are designed to serve girls regardless of socio-economic, ethnic or religious background. Appreciation of diversity and acceptance of others is at the core of our philosophy.

The High School Initiative is designed for girls exiting 8th grade through their post-high school transitions.

The initiative addresses three key areas: **academic achievement, life skills development and healthy living.**

Module Overview

Emotional Intelligence—School-Connect

Optimizes social, academic and emotional learning, self-awareness and management. Develops assertive communication and conflict resolution skills.

Girls enCourage

Builds movement and athletic skills, cooperation and competitive spirit, health awareness and interest in sports. Opportunities to participate in non-traditional sports.

Taking Charge - Healthy Sexuality

Encourages girls to take charge of their health , growth, sexuality and peer-relationships in a safe and educated way. Builds healthy relationships between girls, their health and their bodies.

She Votes

Begins life-long voting habits and encourages education in both local and national governments. Facilitates discussion and communication about citizenship and civic duty.



Program Contact

Brenda Phillips

PhillipsB@girlsincjax.org

(904) 731-9933 | girlsincjax.org

Program Locations

Edward H. White High School

Sandalwood High School

William M. Raines High School

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